

Voice Handicap Index (VHI-10)

How to complete this Questionnaire:

<ul style="list-style-type: none"> These are statements many people have used to describe their voices and the effects of their voices on their lives. Please circle the response that indicates how frequently you have the same experience. 	<p>0 - 4 Rating Scale</p> <p>0 = Never 1 = Almost never 2 = Sometimes 3 = Almost always 4 = Always</p>
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Situation	Frequency of Problem
My voice makes it difficult for people to hear me	0 1 2 3 4
People have difficulty understanding me in a noisy room	0 1 2 3 4
My voice difficulties restrict my personal & social life	0 1 2 3 4
I feel left out of the conversations because of my voice.	0 1 2 3 4
My voice problem causes me to lose income.	0 1 2 3 4
I feel as though I have to strain to produce voice	0 1 2 3 4
The clarity of my voice is unpredictable.	0 1 2 3 4
My voice problem upsets me	0 1 2 3 4
My voice makes me feel handicapped	0 1 2 3 4
People ask, "What's wrong with your voice?"	0 1 2 3 4

TOTAL 10 x 4 = 40max	_____
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A score of **3 or more** out of 40 may be indicative of a **voice problem**.
You may want to arrange a consultation with the MEG team for assessment.

Rosen, C. A., et al. (2004). "Development and validation of the voice handicap index-10." Laryngoscope 114(9): 1549-1556.