

Cough Severity Index (CSI)

How to complete this Questionnaire:

<ul style="list-style-type: none"> This questionnaire is designed as an aid in the assessment of the severity and impact of your cough on your life. These are statements many people have used to describe their cough and the effects of their cough on their lives. In the last 1 month, how did the following problems affect you? Please circle the response that indicates how frequently you experience the same symptoms If you do not have a problem with coughing, please circle zero (0) in response to these statements 	<p>0 - 4 Rating Scale</p> <p>0 = Never 1 = Almost never 2 = Sometimes 3 = Almost always 4 = Always</p>
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Situation	Frequency of Problem
My cough is worse when I lie down	0 1 2 3 4
My coughing problem causes me to restrict my personal and social life.	0 1 2 3 4
I tend to avoid places because of my cough problem.	0 1 2 3 4
I feel embarrassed because of my coughing problem.	0 1 2 3 4
People ask, "What's wrong?" Because I cough a lot.	0 1 2 3 4
I run out of air when I cough.	0 1 2 3 4
My coughing problem affects my voice.	0 1 2 3 4
My coughing problem limits my physical activity	0 1 2 3 4
My coughing problem upsets me	0 1 2 3 4
People ask me if I am sick because I cough a lot.	0 1 2 3 4

TOTAL 10 x 4 = 40 max	<hr/>

A Score of **3 or below** is considered normal.

If you score **higher** than **3**, your cough may be impacting on your quality of life.

You may want to arrange a consultation with the MEG team for assessment

Feel free to use the form below.

Shembel, A. C., Rosen C.A, Zullo T.G. (2013). "Development and validation of the cough severity index: a severity index for chronic cough related to the upper airway." Laryngoscope 123(8): 1931-1936..