



☎ 1300 952 808 📠 (03) 9429 3627
➡ MELBENTGROUP.COM.AU
📍 G2/173 LENNOX STREET, RICHMOND VIC 3121
ABN 88 181 798 030



Patient information on Sialadenitis



Who is this information for?

This information is for patients, families and carers for the management of sialadenitis.

What is sialadenitis?

Sialadenitis is an infection (viral or bacterial) or inflammation of the salivary glands. Sialadenitis can occur in the parotid, submandibular or sublingual glands.

A person with sialadenitis may have the following symptoms:

- Pain & swelling around the cheek, jaw or mouth
- Fever or chills
- Pus in the mouth
- Trouble opening the mouth or swallowing
- Dry mouth
- Visible stones in the mouth or a gritty feeling

How do I manage sialadenitis?

- Drink plenty of water.
- Encourage salivation - this can be assisted by eating sour hard candy or other sour food or drink.
- You may need to take an over the counter analgesic to treat the pain (e.g. *Paracetamol*, *Ibuprofen*)
- You may require oral antibiotics that will be prescribed by your doctor. Occasionally you may require antibiotics in your vein
- Gently massage the skin over the affected gland
- Warm moist towel or wash cloth compress onto the skin over the area for 10-15 mins, every few hours.



Concerns or questions?

You can contact your ENT Specialist at the Melbourne ENT Group (MEG):

- Phone: 1300- 952-808
- Email: admin@melbentgroup.com.au
- Website: www.melbentgroup.com.au



Your GP is also the best contact for ongoing care and concerns.