

Voice Handicap Index (VHI-10)

How to complete this Questionnaire:

- These are statements many people have used to describe their voices and the effects of their voices on their lives.
- Please circle the response that indicates how frequently you have the same experience.

0 - 4 Rating Scale

- 0 = Never
- 1 = Almost never
- 2 = Sometimes
- 3 = Almost always
- 4 = Always

Situation	Frequency of Problem				
My voice makes it difficult for people to hear me	0	1	2	3	4
People have difficulty understanding me in a noisy room	0	1	2	3	4
My voice difficulties restrict my personal & social life	0	1	2	3	4
I feel left out of the conversations because of my voice.	0	1	2	3	4
My voice problem causes me to lose income.	0	1	2	3	4
I feel as though I have to strain to produce voice	0	1	2	3	4
The clarity of my voice is unpredictable.	0	1	2	3	4
My voice problem upsets me	0	1	2	3	4
My voice makes me feel handicapped	0	1	2	3	4
People ask, "What's wrong with your voice?"	0	1	2	3	4

TOTAL	_____
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Rosen, C. A., et al. (2004). "Development and validation of the voice handicap index-10." Laryngoscope 114(9): 1549-1556.