

Cough Severity Index (CSI)

How to complete this Questionnaire:

- These are statements many people have used to describe their cough and the effects of their cough on their lives.
- In the last **1 month**, how did the following problems affect you?
- Please circle the response that indicates how frequently you experience the same symptoms
- If you do not have a problem with coughing, please circle zero (0) in response to these statements

0 - 4 Rating Scale

- 0 = Never
- 1 = Almost never
- 2 = Sometimes
- 3 = Almost always
- 4 = Always

Situation	Frequency of Problem
My cough is worse when I lie down	0 1 2 3 4
My coughing problem causes me to restrict my personal and social life.	0 1 2 3 4
I tend to avoid places because of my cough problem.	0 1 2 3 4
I feel embarrassed because of my coughing problem.	0 1 2 3 4
People ask, "What's wrong?" Because I cough a lot.	0 1 2 3 4
I run out of air when I cough.	0 1 2 3 4
My coughing problem affects my voice.	0 1 2 3 4
My coughing problem limits my physical activity	0 1 2 3 4
My coughing problem upsets me	0 1 2 3 4
People ask me if I am sick because I cough a lot.	0 1 2 3 4

TOTAL	_____
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Shembel, A. C., Rosen C.A, Zullo T.G. (2013). "Development and validation of the cough severity index: a severity index for chronic cough related to the upper airway."
Laryngoscope 123(8): 1931-1936..